

PALEO HUNTERS

STUDENT NAME:

CLASS:

DATE:

Alright, wild chefs! Are you ready to feed your clan some wild game meat? Your goal will be to share a special wild game dish with your class and create a cookbook that reveals how you collected and cooked your meal. Before digging in, watch the video and review the content on this webpage: <http://intotheoutdoors.org/topics/cooking-wild-game/>

First, your team will need to select a delicious wild game recipe to prepare. Search for “wild game recipes” online and decide on a scrumptious meal you would like to cook. Write down or copy your recipe and note what ingredients your recipe calls for ... especially the meat!

List the modern wild game in the recipe: _____

Obviously, some of the wildlife from 12,000 years ago were very different from today’s species. As a team, choose one of the paleo wildlife your Clovis hunters could harvest that resembles the wild game in your recipe.

- | | |
|----------------|--------------------|
| - Mammoth | - Camelops |
| - Ground Sloth | - Turkey |
| - Giant Beaver | - Duck (Chendytes) |
| - Deer | - La Brea Stork |
| - Elk | - Bison |

Now, research how you would collect, prepare, and cook your ingredients in your time period. Consider the following:

- Habitat and features of wildlife
- Any permissions/education you need to go hunting and collect wild game?
- The tools you would use to bring down your game
- The advantages your tools give you
- How did you collect fresh veggies, fruits, spices in the recipe?
- The tools you use to prepare your meats and ingredients
- What did you use to cook the food?
- Nutritional quality of ingredients
- Reasons why eating wild game is healthy

Then, discuss your findings with your teammates. As a team, develop your historical recipe in a Word document. Your recipe should contain:

- **Cover: Title of recipe, photo, and student names**
- **List of recipe ingredients**
- **Instructions on how to collect the ingredients**
- **Instructions on how to prepare and cook the food**
- **Nutritional facts**
- **Short paragraph of why families should share this meal with their clan**

Your recipe should be supported by research and include media (photos, artwork, clipart). Decide on one or two team members to present your recipe to the class. The presentation should summarize your findings and be 4 minutes long.

Your team will also be responsible for cooking your dish and bringing it in for the class to taste during Session 3. If you are unable to collect wild game meat, obtain similar meat from your local grocery store. Or create your dish out of art supplies such as construction paper, cloth, clay, or other materials.

In all, your presentation will be judged on taste, creativity, and/or accuracy. The team to receive the highest score will be the winner of the cook-off! Now go make a great dish for your clan.

