**Wakeboarding as a Family**

**Pre-Lesson Student Worksheet**

**Student Name: Class: Date:**

**Before watching the video or exploring the website, review these questions and look for answers during the video.**

1. A wakeboarder communicates with the boat driver by hand signals, what types of commands might they need to discuss?

2. **Why do you think watersports can be an ideal family activity?**

3. **What are the physical benefits of spending time engaged in watersports?**

4. **What are the mental benefits of spending time engaged in watersports?**

**5**. **What are the biggest challenges that a family could face when planning a camping trip that involves watersports?**