

**Wakeboarding as a Family
Pre-Lesson Student Worksheet**

Student Name:

Class:

Date:

Before watching the video or exploring the website, review these questions and look for answers during the video.

1. A wakeboarder communicates with the boat driver by hand signals, what types of commands might they need to discuss?

2. Why do you think watersports can be an ideal family activity?

3. What are the physical benefits of spending time engaged in watersports?

4. What are the mental benefits of spending time engaged in watersports?

5. What are the biggest challenges that a family could face when planning a camping trip that involves watersports?